

Background

Name: _____ Date of Birth: _____ Today's Date: _____

Primary Care Physician: _____

Marital status: Married Divorced Widowed Single Other: _____

Retired Most Recent/Current Occupation: _____ Exercise: _____

Cardiac Risk Factors (Check all that apply)

Hypertension (High blood pressure) High Cholesterol Overweight/Obesity

Tobacco (packs per day) Never <1/2 1/2-1 1-2 >2 Quit Smoking Date: _____

Alcohol (drinks per day): None <1 1-2 2-3 >3 Quit Alcohol Date: _____

Caffeine (drinks per day): None <1 1-2 2-3 >3

Personal Past Cardiac History (Check all that apply)

Coronary Artery Disease Myocardial Infarction (Heart Attack) Angina

Most Recent Heart Catheterization (Date & Hospital) _____

Coronary Stents (Dates) _____ Angioplasty (Dates) _____

Cardiac Bypass Surgery (Date) _____ Last Stress Test (Date/Place) _____

Congestive Heart Failure Last Hospitalization for Heart Failure (Date & Hospital) _____

Most Recent Echocardiogram (Date & Location): _____ Ejection Fraction: _____

Peripheral Vascular Disease Stroke Transient Ischemic Attack (Mini Stroke) Carotid artery disease

Abdominal Aortic Aneurysm Leg Claudication (Pain with walking)

Vascular Surgery (type, date, place) _____

Other: _____

Valvular Heart Disease Aortic Valve: Stenosis Regurgitation

Mitral Valve: Prolapse Regurgitation Stenosis Rheumatic Fever

Valve Surgery (Type of Valve, Date, Hospital): _____

Other: _____

Heart Rhythm Disorder Palpitations Atrial Fibrillation Atrial Flutter WPW

Heart Block Syncope (passing out) Pacemaker (Type, date) _____

Ablation Procedure (Type, Date, Hospital): _____

Other Cardiac Disease Myocarditis Pericarditis Pericardial Effusion Pulmonary Hypertension

Other: _____

Personal Past Medical History (Please check conditions currently treated or treated in the past)

- Lung disease:** Asthma COPD or emphysema Sarcoid disease
 Sleep Apnea CPAP use Pneumonia
- Neurological diseases:** Migraine headaches Seizure disorder Neuropathy
- Liver disease:** Hepatitis Liver failure (cirrhosis) Gallstones
- Gastrointestinal disease:** Gastroesophageal reflux disease (heartburn) Peptic ulcer disease
 Chronic diarrhea Constipation Irritable bowel syndrome
- Kidney disease:** Renal failure hemodialysis or Peritoneal dialysis
- Autoimmune disease:** Osteoarthritis Gout Rheumatoid arthritis Lupus arthritis
 Scleroderma Immune deficiency (HIV, AIDS, or other)
- Hematologic disease:** Anemia Bleeding disorder Deep Vein thrombosis (DVT)
 Pulmonary embolus (PE)
- Oncologic disease:** Cancer (type) _____
- Cancer treatments:** Chemotherapy Radiation Surgery
- Endocrine disease** Thyroid disease Cushing's disease Addison's disease
- Ophthalmologic disease** Glaucoma Cataracts Macular degeneration
- Psychiatric:** Depression Anxiety Other: _____

Other Personal Medical History

Personal Past Surgical History (Please list type of surgery, approximate year)

- Gallbladder _____ Appendix _____ Tonsils _____ Hernia _____

<i>Surgery</i>	<i>Year</i>	<i>Surgery</i>	<i>Year</i>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Medication Allergies: _____

Current Medications You may attach a separate list. Include herbal remedies, aspirin, and vitamin supplements.

<i>Medication</i>	<i>Dose</i>	<i>How often</i>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Family History (Please list immediate family members –parents, siblings, children)

	Deceased	Age (if Deceased, age at death)	Heart attack	Heart Failure	Heart Bypass Surgery	Hypertension	Stroke	Other
Father	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Mother	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Review of symptoms: Please check any symptoms you have had in the past 3 months

- General:**
- Change in appetite
 - Persistent fever
 - General fatigue
 - General weakness
 - Weight gain
 - Weight loss
 - Sensitivity to heat
 - Sensitivity to cold
 - Anxiety
 - Depression

- Eyes:**
- Blurry vision
 - Loss of vision
 - Dry eyes

- Ears, nose, mouth, throat:**
- Loss of hearing
 - Ringing in the ears
 - Nosebleeds
 - Dentures
 - Sore throat
 - Hoarseness

- Cardiovascular:**
- Chest pain or discomfort
 - Palpitations
 - Fainting/loss of consciousness
 - Blue fingers or lips
 - Varicose Veins

- Respiratory:**
- Shortness of breath
 - Persistent cough
 - Wheezing
 - Pain with breathing
 - Short of breath laying down

- Endocrine:**
- Adrenal disease
 - Cortisone treatment

- Genitourinary:**
- Frequent daytime urination
 - Frequent nighttime urination
 - Pain or burning with urination
 - (men) erectile dysfunction

- Nervous system:**
- Headaches
 - Lightheadedness/dizziness
 - Adrenal disease
 - Memory loss

- Gastrointestinal:**
- Heartburn
 - Nausea
 - Vomiting
 - Rectal bleeding
 - Tarry stools
 - Jaundice
 - Constipation
 - Diarrhea
 - Hemorrhoids
 - Difficulty swallowing

- Skin:**
- Rash
 - Loss of pigmentation
 - Itching
 - Dry skin
 - Easy bruising

- Musculoskeletal:**
- Muscle cramps
 - Pain in joints
 - Swollen joints
 - Stiffness